

Substance Abuse Prevention Services

■ Adult/Parent Education and Skill Building Presentations & Resources

1. "Hidden in Plain Sight" - (interactive exhibit that will teach us how to best protect our teens from substance use and risky behavior)
2. Generation Rx - Prescription Drug Information (adult, seniors, workplace information on prescription drug misuse)
3. Start Talking! Know! Tips - (provides parents/caregivers with twice monthly emails that contain facts about alcohol, tobacco, and other drugs, as well as action steps they can take to help children resist peer pressure to use)
4. "Talk They Hear You" - (information on risks related to underage drinking)
5. DrugFree.org Talk Kits - (online resource/talk kits on marijuana, alcohol, and prescription medications)
6. PACT360.org - (program developed to increase parents' knowledge of substance use and improve parents' confidence in their ability to speak with youth about substance use)

■ Available Prevention Resources for Schools

1. 5 Minutes for Life - (State Highway Patrol/National Guard meet with students to discuss decision-making, leadership, and encouraging students to live a drug-free lifestyle)
2. Presentations for Health Classes - (tobacco, alcohol, marijuana, prescription drugs/opioids, and addiction)
3. Teacher In-Services - ("Hidden in Plain Sight," Substance Abuse Prevention, Community Prevention Efforts and Resources)
4. Start Talking! Teachable Moments - (emails sent to educators twice monthly to help get critical conversations started in the classroom to assist youth in making healthy, drug free choices)
5. Generation Rx - (website provides educational resources to help prevent the misuse of prescription medications)
6. LifeSkills Training Program/Takin' It to the Schools - (Evidence-Based Substance Abuse Prevention programs, grades 4th through 8th)
7. Youth-Led Prevention/Youth-2-Youth - (Evidence-Based Youth-Led Prevention program, grades 9th through 12th)
8. Health & Opioid Abuse Prevention Education (HOPE) Curriculum - (K-12 curriculum developed for schools to meet the requirements of HB 367) - This curriculum is FREE.
9. "Brain Power" National Institute of Drug Abuse (NIDA) - (Drug abuse prevention education, science-based focused on the effects of drugs on the brain and body, grades K through 8th) FREE
10. The Brain: Understanding Neurobiology Through the Study of Addiction (NIDA) - (Science-based interactive curriculum on the neurobiology of the brain as a result of drug abuse and addiction, grades 9th through 12th) FREE

Want to learn more?



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