

Personal and Family Counseling Services

1433 Fifth Street NW
New Philadelphia, OH 44663

330-343-8171
www.pfcs1.org



Year Established:.....	1970
Board Chair.....	Scott Yoss
Executive Director.....	Marilyn Henry
Full-time Employees	42
Part-time Employees	20
Annual Operating Budget	\$2,300,000
Agency Certifications	Council on Accreditation of Services for Children and Families (COA) ODMH ODADAS
Client Served in FY10.....	Adults - 853 Children - 1,691 (Prevention) 104 (Early Childhood MH) 586 (Mental Health/AOD)
Client Financial Eligibility	Medicaid - 545 Non-Medicaid - 295

PFCS has continued to see an increase in the number of children and adults who come into treatment as a result of exposure to traumatic events. These events can include witnessing or experiencing physical or sexual abuse, domestic violence in families, loss of a loved one, living with a family member whose care giving ability is impaired or having a life-threatening injury or illness. Exposure to traumatic events early in life can have a negative impact throughout childhood, adolescence and into adulthood. Exposure to multiple types of events is common of those who seek services at PFCS. The greatest increase in the demand for services is for children six years of age and younger.

PFCS has responded to the increasing number of individuals who have been exposed to trauma by ensuring that staff is trained in Trauma-Focused Cognitive Behavior Therapy and other evidence based trauma treatments to ensure appropriate treatment for adults and children. Staff is also trained in Play Therapy as children often re-create the traumatic event in their imaginary play in therapy. PFCS also has created five play therapy rooms to be used in the treatment of children. One is specifically for children ages 7 and younger.

Children who have experienced traumatic events and have received treatment at PFCS have seen results including: improvement of symptoms (nightmares, aggression, sadness, anger, fear, guilt and/or isolation) and improvement in functioning at home, at school (improved attendance, behavior and grades) and in the community (less delinquency, use of tobacco and alcohol).



Personal and Family Counseling Services

Unfortunately, PFCS has seen a decrease in funding for prevention services including Takin' It to the Schools, Help Me Grow, Kinship Care and Senior Outreach. It will take years to recover the losses that have occurred in these services as intervention services are always a priority due to the severity of the problems. Schools, employers, law enforcement, mental health and health care and communities will see the consequences for many years to come from the decrease in prevention services.

PFCS values prevention services and continues to seek funding from grants and other funding sources including the exploration of earned income ventures to continue prevention services. A minimum of \$7 is saved for every \$1 spent on prevention.

Message from the Leadership

2010 was a challenging year for PFCS as the demand for services in most programs were greater than our capacity as a result of flat or decreased funding. This was particularly apparent in the mental health and alcohol and drug treatment programs. Harbor House Domestic Violence Shelter and Halfway House Programs were often at or above capacity during the year.

The nation and residents of the Tuscarawas Valley also were experiencing turbulent times in 2010 including high rates of unemployment and home foreclosures, War in Iraq and a recession. The nation has experienced many ups and downs in the past 40 years. PFCS has as well. We are pleased that PFCS has grown and changed during that time to meet the needs of families.

The HOPE program began in October of 2010 to serve families who are homeless or at-risk of homelessness. The program was overwhelmed with calls throughout the year. It is evident that homelessness is an increasing problem in the Tuscarawas Valley. The services of the HOPE program offer hope to many families.

2010 also began the long awaited purchase, renovation and move to a new facility for Harbor House Domestic Violence Shelter. The community supported the project through a very successful Adopt a Room Campaign.

Services Available:

Mental Health

Assessment
Individual Counseling
Group Counseling
Pharmacological Management
Indiv. Psychiatric Supportive Treatment
Group Psychiatric Supportive Treatment

Substance Abuse

Assessment
Individual Counseling
Group Counseling
Crisis Intervention
Medication Services
Urine Screening
Prevention
Halfway House Room and Board

Community Mental Healthcare

201 Hospital Drive
Dover, OH 44622

330-343-6631
www.cmhdover.org



Year Established:.....	1972 as Community Professional Services
Board Chair.....	Eric Riley
Executive Director.....	JJ Boroski, MA, PCC-S
Full-time Employees	46
Part-time Employees	27
Annual Operating Budget	\$3,834,000
Agency Certifications	Commission on Accreditation of Rehabilitation Facilities (CARF) ODMH ODADAS
Clients Served in FY10.....	Adults - 3,968 Children - 753
Client Financial Eligibility	Medicaid - 2,439 Non-Medicaid - 2,282

Community Mental Healthcare, Inc. (CMH) has continued to be a significant provider of mental health and substance abuse services to adults and children/youth of Tuscarawas and Carroll counties. On average, CMH receives 155 new requests for outpatient services each month while completing, on average, 111 intakes per month.

CMH has been able to continue providing the full continuum of outpatient mental health and substance abuse services. Services offered by CMH have the capability to effectively wrap support and promote the individual recovery process to those individuals struggling with severe and persistent mental illnesses while services can be tailored to meet the needs of those individuals or families in need of short-term services due to psychosocial stressors.

Trends over the past year include:

- a. Increase in requests for Psychiatric Evaluations/ Services
- b. Increase in referrals for domestic violence treatment
- c. Increase in referrals for Substance Abuse Crisis Assessments/Detox
- d. Increase in referrals for Opiate Abuse and abuse of synthetic drugs such as Bath Salts



Community Mental Healthcare

Message from the Leadership

Despite a reduction of approximately \$1.2 million in funding over the past 2 years, CMH has not eliminated any of its existing services. CMH has utilized this economic crisis to build on existing efficiencies and to challenge ourselves to be creative in meeting the varying needs of the community. To the community, services may look and feel different (i.e. Crisis Intervention Services); however, services remain present in the community and this redesign is far better than the elimination of service(s).

CMH has sought to improve and enhance our existing partnerships with community stakeholders as well as to develop new and meaningful partnerships. Our partnerships have led to higher levels of comprehensive treatment being provided to specialized populations. CMH has partnered with Newcomerstown Schools to begin school based services and currently are working on developing several partnerships with other school districts in order to meet the mental health needs of children. CMH is also thankful for the partnership with the Community Corrections Program where we are able to work in collaboration to provide community based mental health treatment in lieu of incarceration.

In October of this year, CMH was awarded a grant to purchase equipment enabling CMH to implement telepsychiatry. This grant and service will enable CMH to contract with psychiatric specialists outside of the area to provide quality psychiatric services that those individuals living in a rural area may not be able to access.

Services Available:

Mental Health

Assessment
Individual Counseling
Group Counseling
Crisis Intervention
Partial Hospitalization
Pharmacological Management
Indiv. Psychiatric Supportive Treatment
Group Psychiatric Supportive Treatment
Hotline
Crisis Stabilization Unit
Subsidized Housing and Residential Care

Substance Abuse

Assessment
Individual Counseling
Group Counseling
Crisis Intervention
Case Management

The Alcohol and Addiction Program
of Tuscarawas and Carroll Counties
Mark A Welty, Ph. D., NCC, LPCC, Director

897 E. Iron Ave.
Dover, OH 44622

330-343-5555



Year Established:..... 1971
Board Chair..... Tweed Vorhees
Executive Director..... Linda Fanning
Full-time Employees 13
Part-time Employees 6
Annual Operating Budget \$744,800
Agency Certifications ODADAS
Client Served in FY10..... Adults - 733

There certainly appears to be an increase in the number of opiate users, particularly the number of clients who enter treatment dependent upon prescription opiates (i.e., vicodin, oxycontin, Percocet, etc.) and benzodiazepines (Xanax, Valium, Ativan). We have also seen some use of the recent “legal” drugs of abuse that have hit the media due to the catastrophic medical problems associated with their use (i.e., K-2/spice and bath salts). The rates of alcohol dependence/abuse and cannabis dependence/abuse remain the most common diagnoses. Nicotine is underreported and is unfortunately not accurately captured in our statistics. The following breakdown serves as a snapshot to the numbers associated with the various diagnoses:

Diagnosis	Tusc/Dover Program	Community Corrections	Carrollton	Total
Alcohol Dependence	223	37	49	309
Alcohol Abuse	107	8	30	145
Amphetamine Dependence	1			
Amphetamine Abuse	1			
Cannabis Dependence	112	23	15	150
Cannabis Abuse	38	5	111	54
Cocaine Dependence	24	15	5	44
Cocaine Abuse	4	2		6
Hallucinogen Dependence	0			
Hallucinogen Abuse	1			
Opioid Dependence	38	29	10	77
Opioid Abuse	1	1		2
Phencyclidine Abuse (PCP)	1	1		
Sedative/ Anxiolytic Dependence	4	5	1	10
Sedative/Anxiolytic Abuse		1		
Polysubstance Dependence	3	2	2	7
Substance Abuse NOS	5	1		6



The Alcohol and Addiction Program
of Tuscarawas and Carroll Counties
Mark A Welty, Ph. D., NCC, LPCC, Director

Message from the Leadership

There are a few key achievements that are noteworthy to mention as they relate to the programming at the Alcohol and Addiction Program of Tuscarawas and Carroll Counties:

The Carroll County program has grown tremendously over the past year. Through the intensive outpatient program three groups are offered in Carrollton each week and the attendance for each group has averaged around 20 clients. The Carroll County AAP clients also took the initiative to start an additional AA/12 step group and this is now up and running in Carrollton.

In collaboration with a few physicians from Stark County AAP has been able to improve our ability to reach opiate addicted clients through the integration of medication assisted treatment options. This has enhanced the success rates for individuals struggling with these types of addictions and has improved their abilities to benefit from programming at our office.

In collaboration with the New Philadelphia Municipal Court AAP has designed and implemented a Criminal Diversion Program for first time offenders being charged with possession of marijuana and possession of drug paraphernalia.

Despite working in an environment of shrinking budgets AAP and the Tuscarawas County Community Corrections Program/Common Pleas Court/Drug Court continues to operate a fully functional treatment program for some of the neediest individuals within our community. This partnership program represents a model program for the State of Ohio.

AAP continues to be active in helping improve the quality of the lives of Tuscarawas County residents through its involvement in community-based programs that target individuals who are in need of service (jail-based services, services as the homeless shelter, the Multi-County Juvenile Attention Center, and two programs housed within the Southern District Court in Uhrichsville).

AAP is a strong advocate for the effective and efficient utilization of local monies. We support initiatives that are aimed at helping secure, maintain, and develop local services. The Tuscarawas County community will benefit by having a local option for detoxification services, local options for medication assisted treatment and a local option for residential drug and alcohol treatment for men.

Services Available:

Substance Abuse

Assessment
Individual Counseling
Group Counseling
Intensive Outpatient
Case Management

ACE Inc.—Advocacy, Choices & Empowerment

115 Third St. SW
New Philadelphia, OH 44663

330-308-8604
www.aceclubhouse.org



Year Established:..... 1994
Board Chair..... Karen Nicholson
Executive Director..... Todd Little
Full-time Employees 2
Part-time Employees 3, plus 4 trainees
Annual Operating Budget \$142,000
Agency Certifications ODMH

Client Served in FY10..... Adult Male Visits - 4,775
Adult Female Visits - 3,258

Client Financial Eligibility All services offered are non-Medicaid

In the past month we have seen our attendance increase to the highest average it has ever been. For March 2011 our average daily attendance was 36; for April 2011, 37; for May 2011, 38 people per day, with a high attendance of 44.

Late in the last fiscal year we identified that ACE was grossly under-serving mental health consumers who reside in Carroll County. When we were informed that our budget would be cut and the ADAMHS Board could no longer provide funding for our transportation expenses, we requested assistance from the Ohio Department of Mental Health. We received a one-time grant to fund transportation expenses for FY'11. As part of that grant, we pledged to increase our services to Carroll County. It took some time to make things work, but since February 2011, we have had a regular arrangement to pick up Carroll County clients of Southeast in Malvern one day per week.

One of the activities the members of ACE have decided upon to help them stay well is to make sure our members have one good meal per day, in addition to the non-clinical therapeutic activities we provide. We recently began tracking how many people we feed per day on average, and how many plates we average per day. For April 2011 our averages were 31 people served per day and 42 plates (including seconds).

Message from the Leadership

Todd Little is the Executive Director of Advocacy, Choices & Empowerment (ACE), Inc. He has a degree in Psychology from the University of Akron, years of continuing education and additional graduate level work from Penn State University. His broad experience in social work and counseling agencies has placed him as a strong supporter and advocate for those who live with mental illness or are socially disadvantaged. Additionally, he has vast experience supporting the bereaved and providing education on grief and loss.

He has served and held offices on the board of directors for the American Red Cross, Hospice of Tuscarawas County, the Tuscarawas County Convention and Visitors Bureau and currently serves on the Tuscarawas County Park Department Advisory Committee (Vice Chair), as a member of the Tuscarawas Valley Heritage, Inc. and with the Dover Tornado Club (Secretary). He is the proud father of triplet sons and facilitates the Survivors of Suicide Support Group for Tuscarawas and Carroll Counties, sponsored by the ADAMHS Board.

Karen Nicholson is, in many ways, the heartbeat of ACE. Her philosophy for ACE is EMPOWERMENT NOT RESCUE. She enjoys being active, compassionate and helping other members in their recovery. Karen is the facilitator for our NAMI support group called "Hopeful Hearts". The group meets Wednesdays from 1:30 to 3 and is open to anyone in the community with a mental health diagnosis. Karen has attended Stark State University and studied Respiratory Therapy, as well as having been trained by NAMI (National Alliance for Mental Illness) as a support group facilitator and Peer To Peer program facilitator. She recently completed her certification to teach the WRAP (Wellness Recovery Action Plan) program. Karen lives with depression and suicidal thoughts, but says "ACE has been my recovery tool. It has helped me to reach out for understanding and allowed me to be there to help others, just as they have helped me." She has been part of many changes and improvements during her time at ACE. Presently, Karen serves ACE as President of the board

Consumer operated services provide hope, recovery, empowerment and wellness to Ohioans living with mental illness.

Campbell and Leaver (2003) found that consumer-run programs are empowering because their practice facilitates a grass roots process of self-efficacy, self-esteem, and the belief that positive personal change can come about through one's own efforts. It also found that people who are offered consumer-operated peer-support services show greater improvement in well-being over time than those offered only traditional mental health services.

Consumer run services also result in improved psychiatric symptoms and decreased hospitalizations (Galanter, 1988; & Kurtz, 1988) and enhanced self-esteem and social functioning (Markowitz, DeMassi, Knight & Solka, 1996).

A SAMHSA (Substance Abuse & Mental Health Services Administration) study of consumer-run services conducted by Jean Campbell, et. al. found that peer support can reduce symptoms, enlarge social networks and enhance quality of life, achieving greater recovery- especially when offered in conjunction with traditional mental health services.

Services Available:

Consumer Drop-in Center / Club House, Peer Support, Socialization, Recovery and Wellness Programs

The Village Network

117 E. 3rd St
Uhrichsville, OH 44683

740-922-2144
thevillagenetwork.org



Year Established:.....	1946
Board Chair.....	Martin J. Degnan
Executive Director.....	James T. Miller, LISW-S
Full-time Employees	195
Part-time Employees	11
Annual Operating Budget	\$23,500,000
Agency Certifications	COA ODMH ODJFS
Client Served in FY10.....	1,089 Children
Client Financial Eligibility	Medicaid - 1,089 Non-Medicaid - 7

Tuscarawas County Specific Information

Year Established:.....	2007 in New Philadelphia
.....	2008 moved to Uhrichsville
Uhrichsville Staff	Robert E. Draman, PCC-S, Day Treatment Coordinator Cheryl Urban, PCC-R, Clinical Therapist Cindy Akers, QMHS Administrative Assistant Brandie Ankrom, LISW, Treatment Foster Care Coordinator Korey Marx, QMHS, Behavioral Specialist
Full-time Employees	4
Part-time Employees	1
Part-time Contract Personnel	4
Licensed Treatment Foster Homes	8
Client Served in FY10.....	45
Foster Children in Care in FY10...	21
Age Ranges of Clients Served	Treatment Foster Care 0-18 Day Treatment 8-18

The Village Network



Message from the Leadership

We started out in May of 2007 with 3 clients in Day Treatment and have shown growth over the following years. Our goal has always been to provide stability to our clients so they could avoid having to be placed in a more restrictive setting. We have had to work to establish our niche when it comes to the types of clients that have been most successful in our program. We believe that if they are willing to engage in positive relationships that it will help them make positive changes in their lives. We have worked with clients with Aspergers Syndrome, lower cognitive functioning, and clients with past and ongoing traumas.

We receive our referrals from parents or guardians with troubled children, schools in the county, JFS, and Juvenile Court.

We feel our ability to work with these youth several times a week allows us to build better therapeutic rapport which can lead to improved functioning in schools, homes and community settings. Having a safe, calm place where they know they will be supported has been beneficial.

Our treatment foster care network has also grown during it development from a satellite office out of our Knox County network to one currently serving 19 youth out of 8 foster home and aftercare settings. We are always looking at adding new homes to our network. Our working relationship with Tuscarawas JFS as well as other counties continues to be very solid.

The Village Network has focused on shaping productive, responsible boys and girls for 65 years with an award-winning history of success. Together with families, support agencies and communities, we help prepare youth to embrace new, productive lives.

Our Continuum of Care model provides consistency and includes residential treatment, day treatment, treatment foster care, respite care and alternative school programs.

The Village Network has multiple facilities inside cities across Ohio including Akron, Canton, Cleveland, Columbus, Delaware, Lorain, Mount Vernon/Knox County, Newark, Sandusky, Uhrichsville and Wooster.

One can view our web page to learn more about our 65 year history and the accomplishments of all of our programs. www.thevillagenetwork.org

Services Available:

Mental Health

Assessment
Behavioral Health Counseling & Therapy
Partial Hospitalization
Pharmacological Management
Psychiatric Supportive Treatment
Treatment Foster Care
Respite Care
Aftercare Services
Psychological Assessments

Chrysalis Counseling Center, Inc.

1029 West High Ave,
New Philadelphia, OH 44663

330-364-9360
www.chrysaliscounseling.com



Year Established:..... 1994
Agency Partners Chris Sand-Ashley, Karre Wendling, & Barbara Schwartz
Full-time Employees 9
Part-time Employees 4
Client Served in FY10..... 800 new clients, plus existing caseload

Chrysalis Counseling Center Inc. is a private practice with a strong commitment to collaborate with the community providers to meet the needs of the community. Staff includes a clinical psychologist, nine licensed counselors/social workers and three office staff. We provide individual, couple, family, group and chemical dependency counseling. Equine assisted psychotherapy and divorce education classes are also offered. Also provided are psychological testing/evaluations and chemical dependency and anger assessments.

Our practice is designed to offer creative flexibility in terms of contracting with other service providers if needed. It does appear that client needs are becoming more complicated and severe in terms of abuse, violence, chemical dependency and depression. We are also seeing a serious impact of technology on relationships. For example, many marriages are being destroyed by Face Book affairs or texting affairs. Also, very young students are arranging sexual encounters through text messaging.

Generations at Ten Lakes Center

819 N. First St - 3rd Floor
Dennison, OH 44621

740-922-7499
tenlakescenter.com



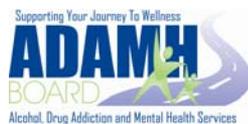
Year Established:..... 2007
Full-time Employees 19
Part-time Employees 5
Agency Certifications JCAHO

Tuscarawas County and surrounding communities have taken a huge hit in their mental health services, Behavioral Centers of America, corporation of Generations at Ten Lakes Center is working toward expanding its services to better meet the needs of the community. We have done this by increasing the number of beds on our older adult unit by 2 and opened a Partial Hospitalization Program in Holmes county and working toward the grand opening of another office in July in New Philadelphia.

The ADAMHS Board of Tuscarawas and Carroll Counties

1260 Monroe St NW, Suite 27N
New Philadelphia, OH 44663

330-364-6488
adamhtc.org



Year Established:1969
Board ChairJohn Lyons
Executive DirectorDavid Schaffer
Full-time Employees5
Annual System Budget.....\$7,889,120 (including Medicaid)
Annual Board Operating Budget ...\$556,915

Client Served in FY10Adults - 4,146
Children - 1,165

Client Financial EligibilityMedicaid - 3,011
Non-Medicaid - 2,684

The ADAMHS Board of Tuscarawas and Carroll Counties is committed to providing cooperative leadership in fostering a quality, community based and comprehensive mental health, alcohol and drug services delivery system for residents of the two county district most in need of those services. That commitment also includes an assurance that services funded by the Board will be provided in the least restrictive manner and will be cost effective and publicly accountable with regard to quality and finance.

During the previous three fiscal years there have been significant changes in the ADAMHS Board's ability to purchase many of the services offered at our local treatment agencies. And although dramatic reductions in state revenue have largely contributed to this problem, we have been able to maintain essential components of the behavioral health system and fulfill some of our primary responsibilities as outlined in Ohio Revised Code. The emergency services continuum of care including hotline, crisis intervention, crisis stabilization unit, and inpatient hospital services, is intact for all populations regardless of payer source.

Providers of behavioral health services have been forced to significantly limit access to care for individuals not enrolled in the Community Medicaid program or those whose services are not covered by a grant or other third party reimbursement. Some of these essential services include outpatient counseling, diagnostic assessment, medications and case management services.

The ADAMHS Board of Tuscarawas and Carroll Counties

We continue to explore, in conjunction with our local providers and constituents, strategies to address gaps in the local services array, both from an access and availability standpoint. Some of these areas of need include the following: Substance abuse detoxification, medication assisted treatment, housing, drug use prevention, and coordination of benefits on behalf of children and adults.

The ADAMHS Board will continue to focus on securing more revenue, from new or existing sources, in order for more individuals and families to be served by local behavioral health systems and services.

Message from the Leadership

The impact of proposed Medicaid cost containment strategies, the integration of physical and behavioral health services and federal healthcare reform all pose unique policy, system financing and service access challenges to behavioral funders and providers alike.

In Ohio, fulfilling the tenets of the Mental Health Act of 1988 as well as HB 317 with respect to substance abuse services, has been particularly challenging during the recent economic downturn and changing priorities of the State. Rather than take a “wait and see” approach to all of these forces, we envision a renewed emphasis on collaboration in the delivery and financing of local behavioral health services- one which will improve access to services for families and individuals residing in Tuscarawas and Carroll Counties.

Helping lawmakers on both a local and state level understand the relationship between the availability of behavioral health prevention and treatment interventions on the health and safety of our residents is now more important than ever. Legislative advocacy is everyone’s responsibility and the ADAMHS Board looks forward to working with all of our partners to move this message forward.